

I AM University Booklets

BOOKLET #13: HOW TO CELEBRATE WESAK!

This booklet serves as an ideal foundation for hosting your own Wesak Celebration in the comfort of your own home. Here you will find a wonderful program on how to set up your own Wesak Ceremony within just minutes. Wesak is considered to be the holiest day of the year from the perspective of the Inner Plane Ascended Masters. If you can't make it to Wesak in Vienna, Austria, hosted by the I AM University, take this opportunity to create your own little Wesak at home, in your community and city. This is one of the most XIII. important services one could offer one's friends, students and family.

BOOKLET #12: WHO AM I? WHERE AM I GOING? WHY AM I HERE?

These are truly three of the most profound questions man has asked himself and pondered upon throughout the Ages! Find out the answer to this Trinity Question in this booklet! Nothing short of a revelation, the wisdom contained within these pages will help you understand and appreciate the true meaning of your identity, the true path of your journey XII. and the true purpose for your being here on Earth!

BOOKLET #11: HOW TO ACHIEVE HAPPINESS AND INNER PEACE!

Everybody wants to be happy and have inner peace, but hardly anyone knows how to achieve this state of consciousness! Learn in this booklet how easy it is to be joyously happy and at inner peace regardless of the storms that may seem to abound in the outer world! Happiness and Inner Peace is a state of consciousness! This booklet will bring to your awareness and make you conscious of the simple rules and laws that will help you be XI. the happiest soul on Planet Earth! Don't worry, be happy!

BOOKLET #10: HOW TO TRANSCEND DUALITY!

There is a difference between negative ego duality and the Polarities in Life! You need to transcend the one and integrate the other! This booklet contains the Secret of the Universe to help you transcend negative ego duality in your thinking and your life! As Sai Baba said, "God is Hidden by the Mountain Range of Ego!" This booklet includes a very easy to understand discussion on how to transcend duality as well as "How to Transcend Duality X. Affirmations" and an "How to Transcend Duality Creative Visualization Meditation!"

BOOKLET #9: HOW TO DEVELOP A RIGHT RELATIONSHIP TO ALL PEOPLE IN YOUR LIFE, INCLUDING GOD!

The most important Relationship in your life is your Relationship to Self! Only if you are right and complete within self, can you be right with God and have right Relationships to all People in your Life! This booklet provides a crystal clear, easy to understand and lucid Full Spectrum Prism understanding of how to Develop Right Relationships on all levels of your Life within self and with the world! Contained within these pages you will find the Secret of IX. the Ages to true happiness and inner peace!

BOOKLET #8: WHAT IS THE NEGATIVE EGO!

There are only two philosophies in life! You either think with your negative ego / fear based / separative / dualistic mind or you think with your Spiritual / Christ / Buddha / Krishna / Moses / Mohammed / God Mind! The key and fundamental lesson of the entire Spiritual Path is to transcend the negative ego system and learn to only think with one's God given mind! In the Vedas it is written, "God equals man minus ego!" We are each incarnations of God, in the process of realizing this Grand Truth! You cannot achieve Self and God Realization without understanding what the "Negative Ego" is and how to clear it! Explained in incredibly easy to understand, lucid and clear language, this booklet is a must read for VIII. everyone who wishes to realize their true identity in God!

BOOKLET #1: IT IS THE MIND THAT LEADS TO THE CHRIST!

The secret to achieving Self and God Realization is revealed in this booklet! It is the Mind that Leads to Christ / Buddha / Krishna / Moses / Mohammed / Moses / Mighty I AM Presence / God / Goddess Realization! Dust you think, dust you are! God you think, God I. you are! It is the mind that makes it so! Must reading for every sincere Seeker on the Path!

BOOKLET #2: WHAT IS CONSCIOUSNESS AND HOW TO DEVELOP IT!

Consciousness is everything! God is Cosmic Consciousness! You are Micro-Cosmic Consciousness! A Full Spectrum Prism Synthesis Thesis and Masterpiece on the Nature of Consciousness and How to Develop it! Nothing short of a Revelation, this booklet is II. guaranteed to open your eyes to a whole new Level of Reality!

BOOKLET #3: WHAT ARE THE 22 LEVELS OF INITIATIONS!

There are 352 Levels of Initiation back to the Godhead which we all need to go through in order to Achieve Cosmic God Realization! This booklet explains the dynamics and mechanics of the first 22 Levels of Initiation which mark "Planetary Christ / Buddha / Krishna / Moses / Mohammed / Mighty I AM Presence and God Realization!" An expanded discussion on the new heightened understanding of Initiations for the Aquarian Age, this III. booklet is a foundational must for all initiates on the Spiritual Path!

BOOKLET #4: HOW TO PUT ON YOUR SPIRITUAL AND MENTAL ARMOR EVERY MORNING TO START YOUR DAY & EVENING MEDITATION!

A gift from Spirit and the Ascended Masters, this short and long version Morning Meditation and Evening Meditation are a must for every sincere seeker on the Path! While the Morning Meditation gets you ready for the day and shows you how to properly dress yourself mentally and Spiritually to be properly equipped for all the lessons of the day that will come your way, the Evening Meditation is a daily "Bardo Experience" where you will IV. process your day, make adjustments, earn the golden nugget and grow every day!

BOOKLET #5: HOW TO DO PERSONAL AND GLOBAL WORLD SERVICE HUNA PRAYERS!

The most powerful form of Prayer, Huna Prayers as introduced to the world by the Kahunas, include both the power of the subconscious, conscious and Superconscious Mind! In this Booklet you will receive a Crash Course in how to do your own Huna Prayers for personal matters as well as Planetary Service Work! With plenty of samples, this Booklet is guaranteed to serve a powerful purpose in your life! Meditation is Listening to V. God! Praying is Talking to God!

BOOKLET #6: AN EXACT SPECIFIC DEFINITION OF EACH OF THE MAJOR NEGATIVE FEELINGS AND EMOTIONS AND HOW TO RELEASE THEM!

This booklet defines 119 of the major negative feelings and emotions that every sincere Seeker on the Path needs to transcend and release! It is our Thoughts that create our Reality, Feelings and Emotions and what we attract or repel in life! Negative, fear based, separative, dualistic thoughts translate into negative, fear based, separative, dualistic feelings and emotions! This booklet explains the faulty thinking and thought process that creates some of the major negative feelings and emotions! You cannot achieve Self and God Realization and become a Planetary Christ / Buddha / Krishna / Moses / Mohammed / Mighty I AM Presence and God if you do not Learn how to release all negative feelings and VI. emotions and negative thoughts for that Matter! Must Read!

BOOKLET #7: HOW TO EVOLVE FROM "ADAM TO THE CHRIST" IN THIS LIFE TIME!

We each are on the journey from "Adam to the Christ," "Little Buddha to Enlightened Buddha," "Baby Moses in the Basket to the Grand Moses Ready to Receive the Laws and Commandments of God," "Unrealized Mohammed to Mohammed, the Grand Prophet of God," and "Baby Krishna, born at the Stroke of Midnight, to be the Grand Incarnation of Vishnu to End the Kali Yuga!" All religions speak of this grand journey from Unrealized God to fully Realized God! They merely use different languages and symbolisms to depict this inner journey back to Source which we are all on! This wonderful Booklet explains this inner journey back to the Holy of Holies using the metaphor of Adam and the Christ! VII. Guaranteed to open your eyes in a most Profound Way!