

I AM University Ascension Activation Meditations

ON THE ROCKETSHIP TO GOD : the combination of reading the correspondence courses, training manuals, books, I AM University curriculum & website and working with these meditations and, if possible, coming to Wesak hosted by the I AM University, Spirit and the Masters like to call it the "Rocketship to God!" => **for that is truly V. what it is**

THE MOST POWERFUL & EFFECTIVE ASCENSION ACTIVATION MEDITATIONS ON EARTH : ***they contain **hundreds of ascension activations**; ***most of them were **taped at the Wesak Celebrations** in Mt Shasta with **1,000-2,000 people**, under the **mountain of Mt Shasta**, the **Wesak full moon** & with over **one million inner plane Celestial & Ascended Masters**
I. overlooking the event

THE ENERGY IN THESE MEDITATIONS = SO POWERFUL : that they will literally accelerate your
II. ascension & path of initiation a thousandfold

THESE ASCENSION ACTIVATION MEDITATIONS PROVIDE THE MORE EXPERIENTIAL ASPECT OF THE I AM UNIVERSITY CURRICULUM : Dr Stone has personally created these meditations with the help of Spirit & the Masters **to work along with the reading of the correspondence courses, training manuals, books & forthcoming I AM University curriculum**
III. **materials**, to help you achieve Self & God Realization

HOW TO WORK WITH THE ASCENSION ACTIVATION MEDITATIONS : it is recommended to work with all Ascension Activation Meditations and **listen to one meditation a day, or every other day and on the 7th day rest**; *****there is no right or wrong** in terms of in which order you choose to work with these meditations => however, a **good way to get started for newcomers would be to work with one of the following meditations: #1, #4, #6, #7, #10 and #24 through 29**; also, working with the **Integrated Full Spectrum Prism Clearing Meditation (#2) on a regular basis** (for example, once a week or twice a month) is a wonderful way **to maintain the clarity and purity of your energy fields**; ***if you can just afford to work with one or two meditations, it would be wise to work with the clearing meditation (#2) and one of the Ascension Activation
IV. Meditations of your choice

PLEASE NOTE: Since some of the original Ascension Activation Meditations read by Dr Stone at the actual Wesak events from 1994-2004 in Mt Shasta do not have the highest sound quality due to the technical equipment that was available at the Wesak Celebrations, especially at the earlier events, we have decided to rerecord the entire set of Ascension Activation Meditations to provide you with a high quality recording. We have remastered the originals; however, the result was not as good as hoped. So you will have the opportunity now to choose between the originals read by Dr Stone which carry the original energies and immense power of the actual Wesak Celebrations, done in Mt Shasta in California, under the Taurus full moon, with 1,000-2,000 people physically and one million inner plane Ascended Masters Spiritually in attendance, or you can choose the rerecorded Ascension Activation Meditations read by Gloria Excelsias. The first 21 Ascension Activation Meditations on the list below, with exception of meditation #2, are available both, read by Dr Stone & Gloria. Meditations 22 through 29 are available only in the voice of Gloria. For the rerecorded version of meditation #2 we have channeled and co-created a new, more expansive integrated Full Spectrum Prism cosmic clearing meditation which replaces the original "18 Point Cosmic Clearing Meditation" of the original set. This integrated Full Spectrum Prism cosmic clearing meditation contains every possible clearing one can think of. As an added energetic boost, the rerecorded versions contain in subliminal format 385 ascension activations for self and Mother Earth. As an added bonus, if you purchase the entire set of 29 Ascension Activation Meditations you will receive for free a DVD R+ with mp3 files of all 29 Ascension Activation Meditations for your mp3 player - plus a free DVD R+ with mp3 files of all 21 original Ascension Activation Meditations read by Dr Stone. For your enjoyment, edification & to give you a variety of choices, we have included two kinds of each of the 29 rerecorded meditations in mp3 format on the DVD. One has a "simulated room effect" and the other one has a "simulated auditorium effect" which you may enjoy especially when meditating with groups. The individual CDs contain the "simulated room effect." The CD set comes in a CD bag. To energetically enhance the physical CDs even more, we have used the beautiful art of Toby Ouvry to design the CD labels. Enjoy!